



# Gaeta Fleet & Family Support Center

## Monthly Events

Website: [www.nsa.naples.navy.mil/gaetaffsc](http://www.nsa.naples.navy.mil/gaetaffsc)





### 2, 8 Babysitting Training Course (0930-1530)

Learn how to care for small children in this American Red Cross Course. The \$25.00 dollar fee includes the book and certification. You must be at least 12 years old to sign up.



### 5 Talk Italian (0930-1100)

Learn how to speak practical Italian with our ICR Specialist, Marisa Dinitto.



### 6,13,20,27 Breastfeeding Support Group (1000-1200)

Please join us with your babies and other moms in the CC Theater as we discuss all the positive aspects of breastfeeding your baby.



### 6,20 Employment Opportunities in Gaeta (0900-1100)

This class covers all local employment and volunteer opportunities.



### 6 Burial Customs in Italy (1000-1200)

Learn how and why Italians care for their deceased. Class takes place in the Gaeta Cemetary and Chapel andconcludes with cemetery tour.



**6, 13, 20, 27 Windshield Tour (1000-1200)** Great overview of sites in the Formia & Gaeta areas. Please call to reserve a space available seat after 0900.



### 7 School Days in Italy (0930-1130)

Workshop is aimed at parents with children in Italian school and covers topics such as kindergarten, elementary, junior and high schools. Included are some survival phrases related to school.



### 7 Dealing with Stress (1300-1500)

Learn effective ways to manage your stress.



### 7,14,21,28 Parent & Tot Playgroup (0930-1030)

Join us at the Community Center for an hour of tumbling fun and group discussions on various early childhood topics.



**8 Introduction to Computers (0900-1500)** Learn about hardware and software fundamentals.



### 8 Sponsorship Training (0900 1000)

For volunteers and assigned sponsors. Learn how to help a newcomer feel welcome and start out right.



### 13 Pre-Departure Employment Resumes (1300-1500)

Part 1 of 3 relocation employment classes designed to get you off on the right foot with Resumes. Bring in your old Resume for a facelift.



### 14 Pre-Departure Employment Part 2 RESUMIX (1300-1500)

Designed to help you understand the RESUMIX process.



### 14 GAETAMARKET TOUR (0900-1000)

Meet at the bottom of the Hill near Cafe' Chiar di Luna.



### 14 Smooth Move (0900 1200)

Learn about your moving allowances, household goods and utility closeout.



### 15 Pre-Departure Employment, Part 3: Internet Job search (1300-1500)

The last of a 3 part series that will introduce you to job searching on the Internet and provide you with the skills needed to contact employers in cyberspace.



**15 Introduction to Windows (0900-1500)** This class provides an introduction to the world of Windows with all its fantastic possibilities.



### 16 Italian Cooking Class (0930-1330)

Enjoy, while learning how to prepare delicious Italian recipes at the IPSSAR Cooking School in Gianola, Formia. Fee of 25.000 Lire to be paid upon registration.



**16, 19, 20, 21 CONCPEP (0800-1600)** Career Options and Navy Skills Evaluation Program (CONCEP) is a four-day class for Sailors at their 6-12 year mark two years prior to their EAOS. The class will primarily focus on career development both in the Navy and outside the Navy.



### 26, 27, 28, 29 Transition Assistance Program/TAP (0800-1600)

This pre-separation workshop covers Veteran's benefits and job search skills for your second career. Classes are open to all active duty and spouses.



### 28 Intercultural Relations/ICR (0830 1600)

This classroom session covers Italian language, history, culture, customs, and shopping.



### 29 Intro to Word (0900-1500)

This class will provide hands-on training with creating, enhancing and editing documents.



### 29 Trip to Rome/ICR (0800 1730)

This transportation oriented field trip is open to all those who have attended an ICR classroom session.



### 30 Area Orientation (0830-1430)

Learn everything you need to know about setting up your home on the economy. A windshield tour of the towns of Gaeta and Formia is included.



**30 SPLIT MOUNTAIN TOUR (1430 - 1600)** Meet on the Hill outside the post Office to learn about one of Gaeta's most magnificent landmarks.

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

To sign up for classes call 0771-709818 or come to visit us!!

